mother baby nurture

2026 TERM 2 enrolments for ELLENBROOK & MIDLAND

Mother Baby Nurture is a safe and supportive 10-week program for mums and bubs (0 - 6 months)

We encourage you to join us if you are:

- **Struggling with the transition of becoming a mum**
- **Finding it hard to connect with your baby**
- **Feeling isolated, anxious, or low**

Our amazing facilitators are experts in infant/parent relationships, providing a welcoming space to share your experiences, and guiding you and your baby to get to know one another

Ellenbrook

When: Thursday 23rd April to 25th June 2026
10:30am to 12:30pm
Where: 90 Main Street, Ellenbrook
Cost: FREE
Morning tea provided

Midland

When: Friday 1st May to 3rd July 2026
10:30am to 12:30pm
Where: 24 Junction Parade, Midland
Cost: FREE
Morning tea provided

Please note: Ellenbrook runs a week earlier than Midland

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Swan Communities for Children
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Communities for Children is funded by the Department of Social Services

ERICA WOMEN'S CENTRE