



## **2026 TERM 3 enrolments for ELLENBROOK & MIDLAND**

**Mother Baby Nurture** is a safe and supportive 10-week program for mums and bubs (0-6 months)

We encourage you to join us if you are:

- **Struggling with the transition to motherhood**
- **Finding it hard to connect with your baby**
- **Feeling isolated, anxious, or low**

Our facilitators are experts in infant/parent relationships, providing a welcoming space to share your experiences, and guiding you and your baby to get to know one another

### **Ellenbrook**

**When:** Thursday 23<sup>rd</sup> July to  
24<sup>th</sup> September 2026  
10:30am to 12:30pm

**Where:** 90 Main Street,  
Ellenbrook

**Cost: FREE**

**Morning tea provided**

### **Midland**

**When:** Friday 24<sup>th</sup> July to  
25<sup>th</sup> September 2026  
10:30am to 12:30pm

**Where:** 24 Junction Parade,  
Midland

**Cost: FREE**

**Morning tea provided**

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**9250 2221**