



# FREE influenza vaccine

Influenza (FLU) is a common disease that can affect your lungs and breathing.

- It is very easy to catch and spread.
- It can sometimes feel like a mild cold.
- But it can make some people, including healthy babies and children, very unwell.

The Flu vaccine is safe and effective.  
Everyone over 6 months old should get it every year.

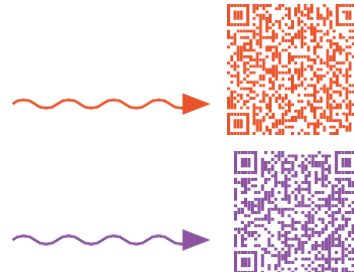
Children aged between 2 and 11 years can now have a **NEEDLE-FREE** Flu vaccine in their nose!



You can get free vaccines at:  
**ERICA Women's Centre**  
24 Junction Parade, Midland.  
**Wed 17<sup>th</sup> June & Monday 29<sup>th</sup> June from 10am -2pm.**  
Flu vaccinations for **children and adults.**  
No bookings needed, walk in only.

\*for eligible babies

- Register for an appointment:  
[cahs.health.wa.gov.au/immunise](https://cahs.health.wa.gov.au/immunise)
- Book: 1300 749 869
- Find out more:  
[healthywa.wa.gov.au/influenza](https://healthywa.wa.gov.au/influenza)



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