



TERM 4 enrolments for ELLENBROOK & MIDLAND

Mother Baby Nurture is a safe and supportive 10-week program for mums and babies aged 0-6 months.

We encourage you to join us if you are:

- **Struggling with the transition to motherhood**
- **Finding it hard to connect with your baby**
- **Feeling isolated, anxious or low**

Our facilitators are experts in infant and parent relationships, providing a welcoming space to share your experiences and guiding you and your baby to get to know one another.

Ellenbrook

When: Thursday 15th October
to 17th December

10:30am to 12:30pm

Where: 90 Main Street,
Ellenbrook

Cost: FREE

Morning tea provided

Midland

When: Friday 16th October
to 18th December

10:30am to 12:30pm

Where: 24 Junction Parade,
Midland

Cost: FREE

Morning tea provided

info@ericawsc.org.au
9250 2221



DELIVERED BY  **ngala**

Communities for Children is funded by the Department of Social Services



ERICA
WOMEN'S CENTRE